

Doctor of Psychology (Clinical Psychology)

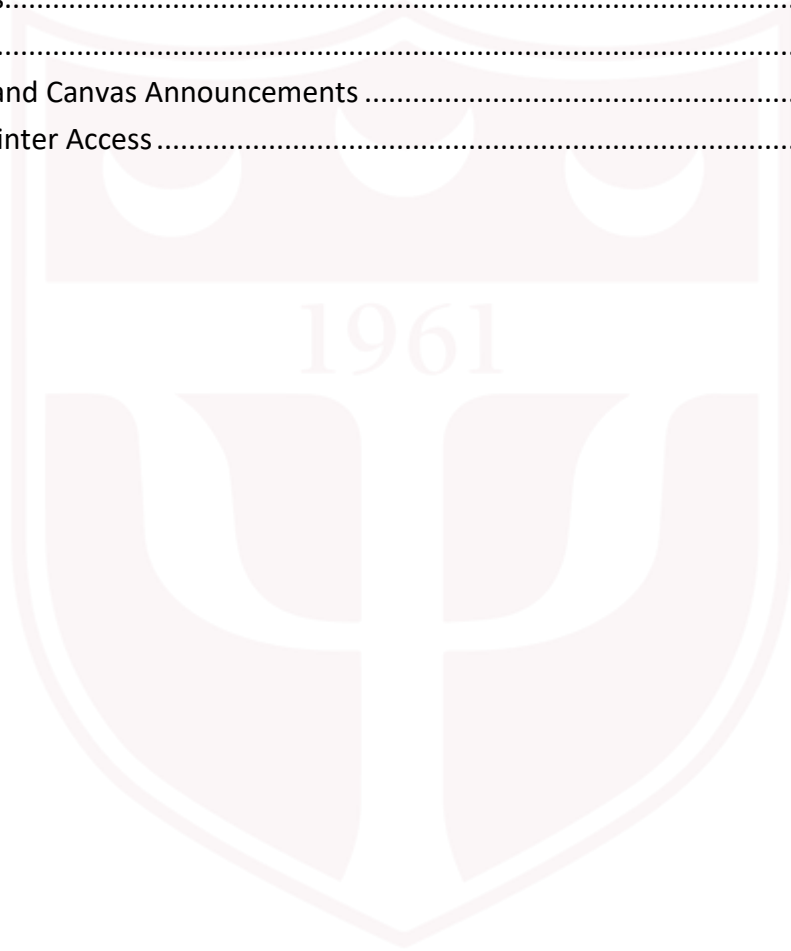
Course Information Handbook 2024

PY101

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Welcome to The Cairnmillar Institute

Congratulations on your success in obtaining a place in the Doctor of Psychology (Clinical Psychology) degree. This course information handbook addresses many aspects and requirements of the course. It should be read in conjunction with the following:

- [Placement Information Handbook](#)
- [Research Information Handbook](#)
- [Unit Outlines](#)
- [Policies and Procedures](#)

These resources provide all the information you need to successfully navigate your way through the different components of the course. If you find anything missing from these handbooks, please let us know.

The Cairnmillar Institute and staff wish you an enjoyable and rewarding professional experience.



Professor Linda Byrne
Dean, Faculty of Psychology, Counselling and Psychotherapy



A/Prof. Richard Moulding
Course Coordinator, Doctor of Psychology (Clinical Psychology)

The Cairnmillar Institute

The vision of the Cairnmillar Institute is to be globally recognised as a centre for psychological treatment, higher education, community education and research in the fields of Psychology, Counselling and Psychotherapy. The Institute is an Australian Health Promotion Charity and non-profit body.

Our aim is to offer relevant programs and services tailored to our professional and client community needs. The service growth and regional reach of Cairnmillar is underpinned by our values of respect, integrity and professionalism and a focus on quality and standards. Connection with business partners and community, and a focus on quality is critical to our business development and will directly enhance our client and student experience. We also aim to strengthen our contribution to the body of research that informs community in practice, and education.

Doctor of Psychology (Clinical Psychology)

Clinical psychology is a specialisation focusing on psychopathology and the assessment and treatment of clinical disorders across the lifespan. Consistent with the Scientist-Practitioner model that underpins the discipline, the Doctor of Psychology (Clinical Psychology) involves intensive high-level research training together with advanced coursework and placement experience. The course develops students' knowledge, skills, and experience in research, assessment, and therapeutic interventions for adults and children suffering from clinical disorders. Graduates of the Doctor of Psychology (Clinical Psychology) will be prepared for assessing and treating clients with a range of mental health issues

Students in the program will participate in supervised placements in various settings such as primary care, psychiatric facilities and community clinics or private practices. Students will also undertake advanced research on a topic related to clinical psychology. Graduates will develop the knowledge and skills to demonstrate autonomy, adaptability, and to work responsibly as a practitioner and scholar in areas that promote psychological health in individuals, families, groups, and organisations.

The course is accredited by the Australian Psychological Accreditation Council (APAC). There are three components to the program—research, coursework and practicum.

The APS website of the Clinical College has full information about mandates, areas of practice, membership, and information about ongoing professional matters. For any psychologist to be endorsed by the APS Clinical College, they must possess:

a minimum of an accredited Masters degree in the speciality, plus the equivalent of two years full time supervised practice in the speciality with a (PsyBA) approved supervisor; or

an accredited Doctoral degree in the speciality, plus the equivalent of one-year full time supervised practice in the speciality with a PsyBA approved supervisor; or

another qualification which the PsyBA has assessed to be substantially equivalent to either (a) or (b).

The Doctor of Psychology (Clinical Psychology) is approved by the APS College of Clinical Psychologists and enables graduates to apply for full registration with the Psychology Board of Australia (PsyBA). Upon completion of the course graduates will be required to complete a supervision plan for the Psychology Board of Australia to be approved as registrars for the purpose of gaining registration with endorsement in the area of clinical psychology.

Entry Requirements

Students can apply for the Doctor of Psychology (Clinical Psychology) in two ways.

1. Students who apply following their 4th year, must hold a degree from an Australian university and have completed either a four-year APAC accredited sequence of studies in psychology with a minimum H2A average, or equivalent overseas qualifications as recognised by the APS. Demonstrated possession of an appropriate level of knowledge and skill related to research is desirable, and suitable aptitude to work as a clinical psychologist will also be assessed at interview.
2. Students who have completed their second year of an APAC accredited Master of Psychology (Clinical Psychology), and not had the degree conferred, may apply for the Doctor of Psychology (Clinical Psychology). Likewise, students who have previously graduated from an APAC accredited Master of Psychology (Clinical Psychology) *and* had the degree conferred may also apply.

Study Requirements

Study requirements include attendance of classes and placements. You will require high speed and stable internet. Progression rules include passing all units.

Duration of the Course

This course is designed to be completed over four years full-time. It consists of coursework, six placements (one observational), and the completion of a major research thesis

Graduate Learning Outcomes

Graduates of the Cairnmillar Institute's Doctor of Psychology (Clinical Psychology) are highly sought after for their academic acumen and professional suitability. They have an appreciation of the breadth and depth of psychological practice and are creative and flexible in their thinking. Graduates are committed to working within the scientist-practitioner model and to using interventions and assessments that have been empirically validated. They are familiar with working with a range of clients and their practice is ethical and culturally sensitive. Graduates of the Doctor of Psychology (Clinical Psychology) develop skills in each of the areas listed below to be able to commence the Psychology Board of Australia's Registrar Program after they graduate. This

will allow them to go on to full registration as a psychologist with an area of practice endorsement in clinical psychology.

Knowledge of the Discipline

Implement core clinical psychology principles across a range of settings.

Assess and diagnose a variety of clinical presentations with reference to the DSM-5/DSM-5-TR.

Interpret current research on psychopathology and apply this to formulate appropriate intervention and assessment protocols.

Ethical, Legal and Professional Matters

Demonstrate a detailed knowledge of the Australian Psychological Society's Code of Ethics as well as relevant legislation that informs current professional practice.

Apply ethical principles to professional practice.

Psychological Assessment and Measurement

Develop knowledge of a broad range of assessment measures and understand the theoretical frameworks and psychometric properties that support their empirical validation.

Demonstrate an ability to administer, score, interpret and write up specific assessment batteries.

Intervention Strategies

Demonstrate an understanding of a select range of empirically validated interventions suitable for use with adults and children.

Perform interventions in an effective and ethical manner and to be able to evaluate therapeutic outcomes.

Demonstrate an understanding of interventions used for work with clients who have complex presentations.

Research and Evaluation

Demonstrate an expert understanding of a particular topic relevant to Clinical Psychology. This understanding is exhibited by: the development of the intellectual skills necessary to interpret previous findings and developments relevant to their research in clinical psychology and the ability

to devise and implement an original research project that is based on sound and current research methods.

Conduct high quality research independently and ethically and be able to disseminate findings to both specialist and non-specialist groups.

Produce an extended research thesis that makes a unique contribution to existing scholarship in an area of clinical psychology.

Communication and Interpersonal Relationships

Demonstrate effective and efficient written and oral communication skills.

Relate appropriately to a range of clients and mental health professionals across academic and clinical settings.

Working within a Cross Cultural Context

Develop competence in working in a culturally sensitive manner with clients from diverse backgrounds.

Practice across the Lifespan

Deliver a range of psychological services appropriate to adults, children, adolescents and older adults.

Supervision and Reflective Self-Practice

Demonstrate an appreciation of the importance of reflective self-practice and the ability to implement constructive feedback to improve clinical practice.

Recognise the dynamics of the supervisory relationship in preparation for potential roles as supervisors and leaders in the field of clinical psychology

Career Opportunities

Graduates may gain employment in community mental health centres, psychiatric hospital settings, specialist services for particular clinical groups, schools, post-secondary education, clinical rehabilitation services and private practices. Students may also be suitable for teaching and research roles.

More information about [career pathways](#) can be found on myCMI.

Professional Recognition

The course has been approved by the APS College of Clinical Psychologists. On completion, graduates are eligible for full membership of The Australian Psychological Society (APS), and for associate membership of the APS College of Clinical Psychologists.

More information about professional registration can be found on myCMI: [Professional Registration FAQs](#) on myCMI.

Course Structure & Credit Points

This course has been designed to be completed in four years full time. The full-time course structure is as follows:

Semester	Unit Code	Unit Title	Credit Points
Year One			
Full Year	CLN560	Supervised Clinical Placement A/B	25
1	CLN503	Professional Practice and Professional Ethics	12.5
1	CLN551	Research Project A	12.5
1	CLN502	Psychological Assessment, Diagnostic Testing and Interview Competencies	12.5
1	CLN501	Cognitive-behavioural processes and interventions	12.5
2	CLN552	Research Project B	12.5
2	CLN504	Child and Adolescent Psychopathology and Intervention	12.5

Year Two			
1	CLN603	Interpersonal processes and therapeutic practices	12.5
1	CLN662	Supervised Clinical Placement C	12.5
1	CLN602	Adult Psychopathology Intervention	12.5
1	CLN653	Research Project C	12.5
2	CLN654	Research Project D	12.5
2	CLN601	Health Psychology	12.5
2	CLN604	Psychodynamic Therapy	12.5
2	CLN663	Supervised Clinical Placement D	12.5
Year Three			
1	CLN701	Advanced Diagnostics and Interventions for Complex Presentations (alternates in running in Year Three or Four)	12.5
1	CLN761	Supervised Clinical Placement E	12.5
1	CLN751	Research Project E	25
2	CLN752	Research Project F	50
Year Four			
1	CLN861	Supervised Clinical Placement F	12.5

1	CLN851	Research Project G	37.5
2	CLN852	Research Project H	50

Course Details: 400 credit points

Coursework: 112.5 credit points or 28% of the course

Research: 212.5 credit points or 53% of the course

Practical Placement: 75 credit points or 19% of the course

Coursework Units

Each of the units of study are detailed below. Please note students must pass all units before being eligible to graduate. Also note that while CLN560 is a placement unit, it also includes placement-readying workshops as well.

CLN501 (Cognitive behavioural processes and interventions)

The aim of this unit is to assist students in developing an understanding of the theoretical and empirical underpinnings of cognitive behavioural therapy. The unit focuses on providing a grounding in the transdiagnostic application of cognitive behavioural principles and practices to understand human psychological functioning. This includes an emphasis on the understanding of the cognitive-behavioural framework and its application to clinical and sub-clinical issues with depression, anxiety and anger. It also aims to help with the development of knowledge and skills to apply cognitive-behavioural interventions to address functional difficulties

CLN502 (Psychological Assessment, Diagnostic Testing, and Interview Competencies)

Psychological assessment is a core competency of professional psychologists and one that differentiates them from other mental health professionals. The aim of this unit is to develop knowledge and skills in the best practice and process of client-centred, multi-method and evidence psychological assessment considering relevant and current contextual and professional practice issues. Selected methods will include the initial clinical assessment, including risk assessment and the administration, interpretation and reporting of standardised psychometric tests used widely in professional settings.

There will be an emphasis on assisting students to integrate assessment data from multiple methods and sources to test clinical hypotheses, formulate, diagnose and consider potential intervention. Students will develop the capacity to critically reflect on the strengths and limitations of these processes throughout the various phases of psychological assessment

CLN503 (Professional Practice and Professional Ethics)

This unit has its focus on the knowledge and skills required to practice as a provisional and clinical psychologist within the designated professional ethical, legal and professional standards as set down by the profession. The unit requires the student to examine case reports, professional situations and duty of care issues in contemporary psychological practice. The unit has its emphasis on the personal and professional competencies and attributes required to practice ethically and legally as a clinical psychologist.

CLN504 (Child and Adolescent Psychopathology and Intervention)

The aim of this unit is to assist students to develop an understanding of child and adolescent psychopathology and intervention. Students will acquire the clinical knowledge and skills necessary to assess, diagnose and treat a range of childhood/youth mental disorder. As part of this unit the assessment, diagnosis and evidence-based treatment interventions for a range of child and adolescent disorders will be addressed including Attachment Disorders, Internalising and Externalising Disorders, Autism Spectrum Disorder, Early Psychosis and Borderline Personality Disorder. There will also be a series of lectures on working systemically with children and families within this unit

CLN602 (Adult Psychopathology and Intervention)

The aim of this unit is to assist students to develop an understanding of adult psychopathology. Students will acquire the knowledge and skills necessary to identify, assess and diagnose a range of specific mental disorders with reference to cultural considerations. Each week the identification, assessment and diagnosis for a different mental disorder, or group of disorders, will be addressed, including: Anxiety Disorders, Depressive Disorders, Obsessive-Compulsive Disorder, Posttraumatic Stress Disorder, Personality Disorders, Substance Related Disorders, Bipolar Disorders and Psychotic Disorders. Evidenced-based treatment approaches for each of the disorders will be introduced. There will also be a focus on how the mental health system operates and the systemic issues which act as barriers to accessing services for people with lifestyle and mental health issues

CLN603 (Interpersonal and Therapeutic Processes)

The aim of this unit is to develop and advance student's clinical skills and professional competence when working in clinical practice. The unit focuses on characteristics of the therapist and client and the influence of these on the therapeutic relationship, individual theoretical frameworks, and the choice of different therapeutic modalities. There is an emphasis on therapeutic work across context, including working with individuals, groups, couples, those from diverse backgrounds, and across the lifespan. The Unit introduces a range of therapeutic approaches, including Interpersonal Therapy, Emotion Focused Therapy, Dialectical Behaviour Therapy, Acceptance and Commitment Therapy, Schema Therapy, and Eye-Movement Desensitisation Reprocessing Therapy. Therapies are considered in relation to the therapist, the client, and contextual factors.

CLN601 (Health Psychology)

This unit focuses on the field of health psychology, beginning with an overview of theoretical underpinnings. A biopsychosocial framework is used to explore concepts and processes in health psychology, with a focus on a small number of physical health diagnoses. Using a health psychology lens, a range of prevention and interventions strategies are discussed, including the use of medications in mental health and health disorders. The unit provides students with the foundational knowledge for the consideration of physical health conditions when working with clients with mental health diagnoses. The importance of health promotion and education in community-based counselling organisations, government settings, and public and private psychological practices is also discussed

CLN604 (Psychodynamic Therapy)

This unit has two aims: to improve your understanding of and ability to practice the fundamental aspects of psychodynamic therapy, and to use these skills to manage the therapeutic relationship and the therapeutic process when delivering treatment in other orientations (for example, cognitive behavioural therapy). Topics covered include how personality impacts the therapeutic process, boundaries, anxieties and defences, cyclical maladaptive relationship patterns, therapeutic processes in psychodynamic therapy, managing transference and countertransference, psychodynamic case formulation, and adapting psychodynamic therapy with people diagnosed with borderline personality disorder or narcissistic personality disorder

CLN701 (Advanced Diagnostics and Interventions for Complex Presentations)

This unit aims to further develop student's diagnostic, case formulation and therapy skills for complex presentations. The unit aims to develop students' knowledge and understanding of cognitive-behavioural formulations of clinical disorders and complex presentations. It also aims to advance their understanding of cognitive-behavioural approaches to treatment and the understanding of specific interventions for the treatment of complex presentations. More advanced cognitive behavioural therapy skills will also be taught through lectures, case presentation and class activities.

Students should also refer to the relevant **Unit Outlines** located on [Canvas](#)

Placements

For information regarding placements, please refer to the [Placement Information Handbook](#).

Research

For information regarding research, please refer to the [Research Information Handbook](#).

Enrolment Conditions

See also: [Enrolment Conditions](#) on myCMI for a copy of the current enrolment conditions. You must agree to the conditions of enrolment every time you enrol in a unit of study.

Attendance

It is an expectation that students will attend all classes*. If you anticipate being absent, please advise your Unit Coordinator via email. Planned absences of several weeks should also be discussed with your Unit Coordinator.

Note: In accordance with national and state recommendations for social distancing due to COVID-19, we consider classes* to include to include synchronous online activities such as tutorials and lectures held in online platforms such as Zoom or Microsoft Teams.

Online Etiquette

Students are expected to comply with the Cairnmillar Institute's policies and regulations concerning etiquette during online classes, webinars, and in their electronic communications including the TLP008 Student Social Media policy and FSP002 Discrimination Bullying Harassment Policy. All Policies and Procedures can be found [here](#).

Submission of Written Work

All written assessment tasks, unless otherwise instructed by a unit coordinator, must be prepared in [Microsoft Word](#) and submitted via [Canvas](#). Please refer to the Unit Outlines on within the unit modules on [Canvas](#) and the [Assessment Style Guides and Formatting](#) guide on myCMI for more information on written assignment requirements.

Referencing & Style Guidelines

The referencing and format for all assignments must be in APA 7 style. Please see [APA Style Referencing](#). Case reports/studies require client anonymity and confidentiality.

See also [Assessment Style Guides and Formatting](#) on myCMI.

Assessment Grades & Records

Final results for each unit will be calculated, then published on the [Paradigm Enrolment Portal](#) by the relevant results [publication date](#). The marks for your final assessment will be withheld until after the release of your final marks.

See [myCMI](#) for information on [results publication](#).

Extensions

An extension may be granted for assignments where there is evidence of unexpected disruptions in the student's available work time. Extensions must be applied for and approved in accordance with the Assessment Policy and Procedures and any other published procedures found on the School website.

Applications must be made via the appropriate [form](#) before the due date and submitted to the [Unit Coordinator](#). An extension is valid only after it has been approved by the [Unit Coordinator](#).

See [myCMI](#) for more information on how to apply for an [assignment extension](#).

Special Consideration

Special consideration may be granted in situations where an extension is not possible, such as an exam or in-class work that has been missed. You should first discuss your situation with your [Course Coordinator](#) before applying. Please see the Assessment Policy and Procedures found on the School website for more information. Please see [myCMI](#) for how to apply for special consideration.

Word Limit

Students must adhere to the word limits provided in Unit Outlines and Assessment Guides. Please refer to your Unit Outlines on [Canvas](#) for information regarding word limits for each assessment task.

Late Submissions

The penalty for late submissions is 5% per day of the total assessment mark (including weekends and non-business days), for a maximum of seven (7) days (i.e., maximum late penalty deduction possible is 35%).

Work handed in more than one week late will not normally be marked and a fail result will be recorded. No assignment will be accepted once the results for that assignment have been published.

Tasks that are required to be completed and/or submitted in-class, such as class presentations must be submitted on the date of the class presentation unless a student has been granted special consideration. The penalty for late submission or non-submission of in-class tasks is usually 100% of the mark.

See also: [Late Assessment Submissions](#) on myCMI.

Samples of Work

Samples of student work may be taken for purposes of course accreditation and benchmarking. In all cases anonymity will be preserved. If you object to your work being copied for this purpose you must advise the Unit Coordinator when submitting assignments.

Recognition of Prior Learning

Recognition of Prior Learning (RPL) is a process where a student may be granted credit or partial credit towards a qualification in recognition of previous study, skills or experience. RPL can only be granted for units prior to the commencement of your course

See [myCMI](#) for more information on how to apply for RPL or credit transfer.

Marking Scales & Grade Definitions

You can view Cairnmillar's [grade-mark schema](#) on myCMI.

Academic Integrity

Breaches of academic integrity are serious academic offences. It is the responsibility of all students to access, read, and familiarise themselves with the Institute's [Academic Integrity and Student Conduct Policy and Procedures](#). See [myCMI](#) for more information about [Academic Integrity](#) at Cairnmillar.

All students must complete an Academic Integrity Module and Quiz on Canvas prior to beginning classes at Cairnmillar. Assessment marks are withheld if students have not completed the Academic Integrity Module and Quiz on Canvas. Please see [here on myCMI](#) for more details.

Course Progress

The Academic Integrity and Progress Committee (AIPC) is a sub-committee of the Academic Board and is normally chaired by the Head of School.

The AIPC review incidents of possible plagiarism and other breaches of academic or research integrity, such as collusion or cheating in exams.

The AIPC also support students who have poor academic performance or are at risk of failing a course through an academic progress intervention and Student Progress Agreements.

Please see '[Academic Integrity and Progress Review Hearings](#)' on myCMI for detailed information on Cairnmillar's academic integrity and progress procedure.

Policies & Procedures

It is the responsibility of all students to access, read, and familiarise themselves with the Institute's Policies and Procedures. These are published on our [school website](#). Detailed supporting information, guides and forms can be found on the student website, [myCMI](#).

Copyright

There are copyright laws that we need to be aware of and adhere to. Please see the [Australian Copyright Council's](#) website for full information on this topic.

Professional Standards

You must have a thorough knowledge of the Australian Psychological Society's Code of Ethics document. It is reviewed and updated regularly, and it is essential to remain abreast of any changes that are recommended.

A full copy of the current edition of the [Code of Ethics](#) can be obtained on the [APS website](#).

Student Support, Counselling, & Wellbeing

Counselling & Support for Students

Please see '[Counselling for Students](#)' on myCMI

Academic & Writing Support for Students

Please see '[English and Academic Writing Support](#)' and '[APA Support and Study Skills](#)' on myCMI

Disability Support for Students

Please see '[Disability Support](#)' on myCMI

International Student Support

Please see the '[International Students Page](#)' on myCMI

Other Support Services

A searchable list of other support services can be found on myCMI. See: [Support for Students](#)

Tuition Fees and FEE-HELP

Information regarding the payment of fees can be obtained from myCMI and our public website. Tuition fees and conditions are published on our website, see [Tuition Fees](#). Please see [Fees and FEE-HELP FAQs](#) on myCMI for more information.

Termination of Enrolment

Cairnmillar reserves the right to terminate a person's enrolment in a course if the student:

- fails to meet the complete assessment task requirements or breaches the Institute's privacy and ethical conditions
- exceeds the maximum or negotiated time for completion of the course, or
- other conditions as specified in the [Enrolment Conditions](#).

See [myCMI](#) for details on Cairnmillar's [Academic Progress](#) procedure.

Graduation

To be eligible to have the relevant qualification awarded, a student must:

- comply with all the Institute Policies and Procedures;
- pay all relevant fees and charges;
- complete all requirements prescribed for the course of study at least at a PASS level;
- have all placement documentation up to date, signed off, and uploaded to the relevant placement tile on Canvas (only relevant for courses with placement requirements);
- submit the relevant intention to graduate form by the due date.

The appropriate awards are given on satisfactory completion of the course. These are presented at a special annual ceremony or given (posted) directly to students for a fee.

For more information see: [Graduating From Your Degree](#) on myCMI.

Library Services

The Library at the Cairnmillar Institute is a specialist library resource, aimed at supporting the work of the Institute, focusing on the curriculum, teaching, research, and clinical requirements of the students, academic staff, clinical staff, and researchers.

Appointments about Library and research skills can be made through the [Library](#).

Please visit the [Library](#) page on myCMI for more information.

Office 365

All students have access to [Office 365](#) while studying at Cairnmillar. Your Office365 account includes free access to Microsoft Word, Excel, PowerPoint, Outlook (student email), and much more.

Students also have access to 1TB of OneDrive storage. Find more information on [Office 365](#) on myCMI.

Student Email and Canvas Announcements

Students are provided with a Cairnmillar student email and are required to check this account regularly while enrolled. See: [Accessing your Cairnmillar Student Email on myCMI for full details.](#)

Students should also regularly check or sign up for email [reminders on Canvas Announcements](#) and review the regular [Student Newsletter](#).

Computer & Printer Access

Each student has their own personal [OneDrive](#) account which can be accessed across any computer.

Please see [‘Computer Access at Cairnmillar’](#) for more information.

Please see [‘Printing/Copying at Cairnmillar’](#) on myCMI for more information.

