



2025 Annual Research Output Report

The Cairnmillar Institute

Written Works

45



Journal Articles

+40k



Total
Accesses &
Downloads

6.4



Mean
CiteScore

3.5



Mean
Impact Factor

141



Total
Altmetric Attention

Spoken Works

26



Conference
Presentations

7



Pre-Registrations

4



Pre-Prints

Journal & Committee Work

Peer Reviewing
for



20

Different journals

6



Editorial Board
Roles

6



External Committee
Roles

Income & Investment

4.5



EFT Research Staff

12



Grants
(submitted)

+\$1.7m



External Funding
Secured

HDR Training

12



CMI Doctoral Students
(2 completions)

25



Staff Supervision of Doctoral
Students
(internal & external students)

Outreach & Engagement

23



Honorary Appointments
&
External Collaborations

13



Media Engagements

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2025 Annual Research Report – The Cairnmillar Institute

Executive Summary

In 2025, the Cairnmillar Institute (CMI) strengthened its research profile through sustained peer-reviewed output, substantially increased competitive grant income, targeted investment in research capability and infrastructure, and stronger governance and accountability mechanisms aligned with CMI's 2025–2030 Research Strategy.

CMI's research is concentrated in psychology and mental health, with activity structured through a streamlined two-centre model to increase coherence, visibility and performance oversight. CMI researchers produced **45 peer-reviewed publications** in 2025. Outputs were published in established international journals (average **CiteScore ~6.4**; average **Journal Impact Factor ~3.5**) and achieved over **40,000** combined downloads/accesses, indicating strong dissemination and engagement. Open research practices continued to expand, including **4 preprints** and **7 preregistrations**, alongside institutional alignment with responsible research assessment principles (DORA/CoARA), supporting transparency and integrity in research practice.

External funding performance accelerated. CMI submitted **12** competitive grant applications in 2025, with **6** funded, generating approximately **\$1.73M** in external research income (a marked increase from 2024). Two internal seed funding rounds (total **\$27,727**) supported strategically aligned early-stage projects to strengthen the publication pipeline and future grant competitiveness.

CMI maintained an active research workforce (**~20** research-active staff) supported by defined research time allocations (average **~25%**) and institutional research investment totalling **\$552,274** (including staffing, infrastructure, seed funding and conference support). On-site research testing was re-established, with further upgrades scheduled, strengthening practical research capability and data collection capacity.

Research training remained embedded within the research environment. CMI supported **12** doctoral candidates in 2025, with **2** completions, and staff contributed to supervision of additional doctoral candidates through external collaborations. Governance and quality assurance were strengthened through the two-centre restructure, defined research leadership roles, and implementation of formal research activity and workload frameworks, embedding clearer accountability, oversight and sustainability.

Overall, 2025 reflects a maturing research ecosystem characterised by credible outputs, rapidly improving competitive funding success, active research training, targeted investment, and governance-embedded quality assurance.

1. Introduction

The Cairnmillar Institute's 2025 Annual Research Report highlights a year of transition, capacity-building, and growth in research. This year marked the launch of CMI's 2025–2030 Strategic Plan, and the development and implementation of a new Research

Strategy. As the first year of this strategic cycle, 2025 focused on laying strong foundations for future research excellence – introducing new support mechanisms, enhancing infrastructure, and fostering collaborations – while continuing to advance psychological science and mental health knowledge. This report showcases the breadth of research activities, outputs, and early initiatives undertaken in 2025, reflecting CMI’s ongoing commitment to impactful research and community engagement.

1.1 CMI Research Mission, Vision, and Values

CMI’s research is grounded in the Institute’s overarching vision of a ***mentally healthy and resilient Australia***. We contribute to the mental health sector by generating new psychological understanding, informing evidence-based teaching, strengthening professional training, and supporting innovation in clinical and community practice. This approach allows CMI to produce research that is rigorous, relevant, and responsive to diverse mental health needs - whether by shaping future psychological science, informing service models, or enhancing the capabilities of the current and emerging workforce.

Our research culture is shaped by CMI’s organisational values:

Creative Problem Solvers: We support research that embraces innovation, explores new methodologies, and takes bold, solution-focused approaches to emerging and complex challenges in mental health and wellbeing.

Inclusive: Inclusion is a core principle of our research. We undertake studies that address the needs of diverse, under-served, and marginalised communities. This includes research designed to identify barriers to care, improve access to mental health and wellbeing services, and reduce structural inequalities across the sector.

Trusted Partners: We work collaboratively with clinicians, educators, community organisations, lived-experience partners, and sector leaders. These partnerships ensure our research remains grounded in real-world needs and drives meaningful, practice-relevant outcomes.

Compassionate Engagement: Our research is conducted with care, respect, and ethical sensitivity for all participants and stakeholders. We value lived experience and prioritise approaches that minimise harm and maximise benefit for communities.

Evidence Driven: We uphold rigorous scientific standards and a commitment to transparent, responsible, and methodologically sound research. Our work contributes to improving practice, informing policy, and strengthening the mental health workforce.

Together, these commitments underpin a research environment that is ethical, collaborative, innovative, and focused on improving outcomes for individuals, families, and communities.

1.2 Research Ethos and Commitments

CMI continues its commitment to fostering a research culture grounded in transparency, inclusivity, and equity. In line with international best-practice frameworks like the San Francisco Declaration on Research Assessment (DORA) and the Coalition for Advancing Research Assessment (CoARA), the Institute strives to evaluate research quality and impact using a holistic approach. This means moving beyond traditional metrics alone to also recognise diverse contributions and societal influence. Accordingly, the 2025 Research Report highlights not only publication counts and citations, but also community engagement, research mentorship and supervision, and open science practices. By considering alternative impact measures (e.g. Altmetrics) and emphasising ethical, inclusive methodologies, CMI ensures that the full range of research outcomes – from policy influence to public engagement – are valued. This ethos underpins our newly-developed *Research Allocation and Expectations Framework*, and *Research Active definition*, reinforcing our commitment to a responsible and forward-thinking research culture.

1.3 CMI Research Centres and 2025 Developments

In 2025, CMI implemented a major restructuring of its research ecosystem, moving from three centres to a streamlined two-centre model designed to strengthen visibility, coherence, and alignment with the Institute’s strategic priorities. This transition forms a core element of the 2025–2030 Research Strategy and reflects a deliberate shift toward clearer branding, stronger thematic focus, and more efficient governance.

The new structure brings all CMI research under two interdisciplinary centres:

1.3.1 Centre for Mental Health Innovation and Education Research

This centre integrates CMI’s longstanding strengths in mental health research with scholarship in education and clinical training. It brings together foundational psychological science, mental health processes, therapeutic innovation, and research on program development, supervision, and teaching practice. By merging education scholarship into a broader mental health and intervention hub, CMI reinforces its “triple helix” model, ensuring that teaching, practice, and research remain embedded within a single continuous cycle rather than operating as separate strands.

1.3.2 Centre for Health, Wellbeing and Inclusion Research

This centre focuses on applied, community-engaged research aimed at improving health equity, wellbeing, and social inclusion. Its scope spans chronic health conditions, child and youth wellbeing, family systems, underserved and marginalised communities, and workplace mental health. The centre’s focus areas reflect national priorities in public mental health and social participation, positioning CMI to contribute to cross-sector initiatives and policy-relevant research.

Centre activities in 2025 focused on creating the organisational conditions for the centres to grow, and on positioning CMI for greater impact, cohesion, and visibility over the coming

years. The transition to this new structure involved appointing Centre Leads, establishing initial workplans, and beginning the alignment of existing projects, HDR candidates, and partnerships within the two themes. Senior academics were named as Chairs for each Centre, tasked with guiding research priorities, mentoring researchers, and fostering collaboration within their thematic areas. This new leadership structure ensures clearer accountability and vision for each Centre, aligning their activities with the Institute’s 2025–2030 Research Strategy.

Table 1. Research outputs in 2025 compared with previous years

	2025	2024	2023
Peer-Reviewed Publications			
Number of peer-reviewed publications	45	53	47
Average journal CiteScore	6.4	7	-
Average journal Impact Factor	3.5	3.9	3.67
Total article accesses & downloads	40,876	5,592*	-
Total Altmetric Attention Score	141	317	-
Open Science Contributions			
Number of pre-prints	4	4	-
Number of pre-registrations	7	7	-
Other open science contributions	-	1	-
Presentations			
Number of conferences presentations	26	26	18
Research Staff and Investment			
Number of Research Active Staff	20	25	
Proportion of Time Spent on Research (average)	25%	25%	
Aggregated Total Research Time (number of FTE) and Total Budget Spend on Research Staff	\$448,147 (4.5 EFT)	\$611,008 (6 EFT)	
Number of doctoral students	12	12	10
<i>Full time</i>	10	9	
PhD	1	-	

Doctor of Psychology	9	9	
Part time	2	3	
PhD	2	3	
Doctor of Psychology	-	-	
Number of doctoral completions	2	1	2
Full time	2		2
Part time	0		0
Conference Support	\$21,700	\$10,600	
Honours Supervision Initiative	\$14,700	\$6,000	
Research Infrastructure (including software)	\$40,000	\$25,000	
Internal Research Project Seed Funding	\$27,727	-	
Total Research Investment	\$552,274	\$652,608	
External Income (Grants)			
Number of grant applications submitted	12	9	
EOI	2	3	
Full applications	10	6	
Number of successful full applications	6	2	
Total income from grant applications	\$1,725,851	\$147,448	

*based on full text downloads only

2. Research Performance Summary

CMI researchers produced 45 peer-reviewed publications during the year 2025 (compared with 53 in 2024; Table 1 & Appendix A), reflecting the Institute’s ongoing contribution to psychological research. The quality of publication outlets remained high: the average Scopus *CiteScore* of journals in which CMI staff published was 6.4, and the average Clarivate *Journal Impact Factor* was 3.5 (7.0 and 3.9 respectively in the previous year).

These metrics underscore CMI's commitment to disseminating work in reputable, high-impact venues.

CMI's research also continued to attract good attention. The institute's publications in 2025 garnered over 40,000 accesses and downloads, demonstrating continued relevance and accessibility of our work to both academic and professional communities. A cumulative *Altmetric Attention Score* of 141 for 2025 outputs – (c.f. 317 total from 2024) indicates that CMI research continued to attract attention across news and social media.

In summary, by the close of 2025 the Institute continued to make significant and steady contributions to the research landscape via peer-reviewed publications of strong quality and wide impact, laying a promising groundwork for future years.

3. CMI Research Investment and Environment

In 2025, the Institute continued to strengthen its research environment through strategic investments in people, infrastructure, and new initiatives. As part of the 2025–2030 Research Strategy rollout, resources were directed toward building internal capacity and supporting researchers at all levels. Key developments included increased seed funding for research projects and Honours project supervision, expanded training/conference attendance for staff, and an audit of upgrades to research facilities (in planning for implementation in 2026) – all designed to create a more dynamic and supportive ecosystem for high-quality research. 2025 also saw the return of on-site research testing at Hawthorne East. Honours students carried out experimental studies requiring in-person assessments, and this return to on-site data collection prompted an audit of space utilisation, and the creation of dedicated research spaces – to be implemented in 2026.

3.1 Doctoral Training

CMI maintained a strong commitment to Higher Degree by Research (HDR) training in 2025. The Institute supported 12 CMI doctoral candidates (Doctor of Psychology and PhD students) throughout the year, including 2 successful completions. HDR students continued to receive mentorship from experienced supervisors, and access to research facilities to facilitate their projects (such as a dedicated doctoral student office, a suite of electronic resources and data collection software, and access to research funds). CMI staff also contributed to the supervision of 25 doctoral candidates (both at CMI and as supervisors at several external institutions; see Appendix F).

3.2 Research Funding and Investment

The Institute continued to demonstrate a strong strategic commitment to research in 2025. While overall expenditure on salaries allocated to research was lower than in 2024, this primarily reflected staffing changes during the year, alongside the introduction of clearer and more rigorous metrics for defining and allocating research active status. Total research investment in 2025 was approximately \$448,147, supporting research staffing, project costs, infrastructure, and professional development activities. Although this represented a reduction from the approximately \$652,000 invested in 2024, the level of

investment remained substantial and targeted, with a stronger emphasis on accountability, alignment with research outputs, and sustainable capacity building. Notably, 2025 saw the launch of two rounds of internal Research Seed Funding aimed at supporting academics to develop their research programs, by encouraging individuals or teams to publish high quality, open access research. Through this scheme, CMI provided a total of ~**\$27,700** seed grants to five staff-led research projects, enabling researchers to develop and publish studies that will strengthen future external grant applications. This internal funding initiative reflects the Institute's commitment to directly investing in its researchers' ideas and building a pipeline of projects for larger funding opportunities.

Another initiative was the enhanced investments in support for permanent academic staff supervising large Honours student projects. This initiative reduced reliance on casual staffing while facilitating large scale data collection that will lead to higher impact research outputs. An investment of **\$14,700** facilitated the supervision of 25 Honours students, generating a cost saving of **\$15,300** compared to the projected expenditure of **\$30,000** on casual staff required for outsourced supervision.

CMI researchers also actively pursued external research funding in 2025. Twelve competitive grant applications totalling over **\$11.17m** were submitted to external funding bodies during 2025, with CMI researchers as lead or co-applicants (9 full applications & 2 expressions of interest/stage 1 applications; see Table 1 & Appendix J). This investment in grant applications resulted in a substantive increase in income from external research grants, with over **\$1.7m** in funding successfully secured. This outcome builds on the previous year's efforts (in 2024, 9 applications were submitted and \$147,448 in grants received). The newly secured grants include prestigious international funders (Tiny Blue Dot Foundation, USA), the Australian Government (Department of Infrastructure, Transport, Regional Development, Communications, Sort and the Arts), the Commonwealth Scientific and Industrial Research Organisation (CSIRO), and Victoria-based charitable foundations (Collier Charitable Fund). The Institute's growing success in obtaining external funding from multiple sources not only provides financial resources for research, but also demonstrates our growing research capacity and reputation with funding partners.

Overall, CMI's combined internal and external investment in research in 2025 created a solid financial foundation for research growth. By establishing an internal grants program and continuing to attract external funds, the Institute has enhanced its capacity to undertake innovative research and positioned itself to sustain these activities in the coming years.

3.3 Staff Development and Support

A key component of CMI's approach to staff development is supporting researchers to engage with national and international scholarly communities. This remained a priority in 2025.

CMI staff delivered more than twenty presentations across major disciplinary meetings (see Appendix B), including the International Congress of Behavioral Medicine (Vienna, AT), the Australian Psychological Society National Conference (Gold Coast, AU), the International Academy of Intercultural Research and IACCP Regional Congress (Brisbane, AU), AusPLAT (Fremantle, AU), EMDRIA (Anaheim, US), Tiny Blue Dot Summit (Los Angeles, US), the Body Representation Network Conference (Utrecht, NL), the Australian and New Zealand Academy for Eating Disorders (Melbourne, AU), and the Asia-Pacific Society for Physical Activity conference (Newcastle, AU).

These activities provided staff with structured opportunities to present emerging findings, refine research questions, and engage with developments across psychology, counselling, and behavioural health. Staff involvement in these events also strengthened professional networks, facilitated research collaboration, and supported continuous development across early-career and senior researchers alike. Engagement at this scale reflects CMI's commitment to supporting staff to remain connected to contemporary psychological science and to contribute to national and international research conversations. These opportunities not only improved individual competencies but also helped cultivate a culture of continuous learning within the Institute.

A significant initiative in 2025 was the re-introduction of Research Supervisor Support Sessions. Recognising the critical role of quality supervision in research training, CMI established a regular forum for research supervisors (both new and experienced) to share best practices, discuss common challenges, and receive guidance on effective supervision. These sessions, held every other month, provided a collaborative space for supervisors to refine their mentoring skills – covering topics like managing student progress, providing feedback on research design and academic writing, and supporting student wellbeing during the research process. By strengthening supervision capabilities, the Institute ensures better outcomes for student researchers and more consistent, high-quality research mentorship. Early feedback from participants in these support sessions has been positive, indicating that supervisors feel more supported and equipped in their role.

3.4 Research Facilities and Infrastructure

Significant enhancements to CMI's research infrastructure were realised in 2025, reflecting the Institute's commitment to providing a supportive environment for high-quality research. The Institute expanded its suite of software for qualitative data analysis (Quirkos), online data collection (Qualtrics), and collaborative online research tools (Covidence - for systematic reviews and meta-analyses), building on the digital resources enhancement from 2024. Researchers now have improved access to these resources and other tools essential for contemporary research (e.g. increased library databases). Findings from the 2025 (research) space audit will also be implemented in 2026 to support expanded on-site research participation.

3.5 Research Talks and Colloquia

The CMI Academic Seminar Series continued in 2025 as a key component of our research strategy, culture and professional learning environment. Throughout the year, a series of thirteen academic seminars were hosted, featuring presentations by faculty, doctoral candidates, and invited external speakers from Australia and the UK.

The program offers sessions spanning basic and applied psychological research, teaching and learning scholarship, and skills and knowledge development relevant to clinical and professional practice. Seminars are designed for both staff and students, supporting broad engagement across the Institute.

The 2025 series featured sessions on multisensory processes in eating disorders (Krug & Portingale), open science practices (Jenkinson), AI use in learning and teaching (Kilby), media communication skills (Davis-McCabe & Krupka), gender-related clinical concerns (Bartholomew), CBT for psychosis (Laws), non-consensual condom removal (Mason), neurodiversity-affirming DBT (Sakdalan), feedback-informed treatment and deliberate practice (Castle), and self-regulated learning (Broadbent), alongside sessions on teaching innovation and learning design. Together, these talks reflect the breadth of work taking place across CMI and our partner institutions.

To maximise accessibility, all seminars are recorded and made available to staff (and to students where appropriate) ensuring the widest participation and providing an ongoing resource for learning and reflection.

The seminar program supports the Institute's broader strategic focus on maintaining a capable, evidence-informed workforce and strengthening the integration of research, education, and practice. By offering regular opportunities to engage with contemporary psychological science and professional issues, the series contributes to staff development and supports a connected and informed academic community.

3.6 Internal Research Communication (“Research Bytes”)

In 2025, CMI's “**Research Bytes**” bulletin continued to be a key instrument for internal engagement. This electronic newsletter, emailed to all staff and HDR students, disseminated timely updates on research-related matters. Typical content included announcements of upcoming grant deadlines and calls for papers, highlights of recent publications by CMI researchers, conference presentation successes, and tips on research tools and resources. *Research Bytes* also regularly celebrated individual and team achievements – for instance, noting when a CMI student or staff member won an award (see also Section 5) – thereby fostering a culture of recognition and pride in the Institute's research community.

In 2025, the newsletter was further enriched by new sections that tie into the Research Strategy's initiatives. One new segment profiled the recipients of the internal seed grants, detailing their project aims, which helped share learning across the Institute and encouraged others to consider future submissions. Progress with the development and roll

out of CMI's two updated Research Centres was also a feature in the Research Bytes, including key updates of the new two-centre structure and the appointment of our Research Centre Chairs (Richard Moulding & Steven Trawley).

In line with our ongoing commitment to responsible research assessment, another new feature of the Research Bytes this year was a section on [DORA](#) news updates – which provided regular updates on global developments in research assessment.

Research Bytes has become a highly-valued platform for promoting research at CMI, promoting staff successes, collaboration, and continuous improvement in research practices. The positive feedback from staff indicates that this communication channel plays a vital role in keeping the CMI research community informed and engaged.

4. Research Outreach, Engagement and Promotion

CMI's research efforts in 2025 were not confined within the Institute – there was a strong emphasis on engaging with the broader community, sharing knowledge, and building partnerships. Through conferences, media presence, and collaboration with external organisations, the Institute sought to amplify the impact of its research and cultivate a reputation for thought leadership in psychological health and wellbeing.

4.1 Annual Research and Practice Conference

The Annual Research and Practice Conference, held in August, continued to serve as CMI's flagship event for bringing together students, staff, alumni, and external partners. The conference placed strong emphasis on the research journey, reflective learning, and the many professional pathways that stem from an Honours degree in psychology, with the overarching conference theme being “The Research Journey: Reflections and Learning”.

This year's keynote was delivered by Professor Adam Bourne, Professor of Public Health and Director of the Australian Research Centre in Sex, Health and Society at La Trobe University. His talk, “From clinical practice to LGBTIQ+ community policy: unexpected career twists and turns after a degree in psychology”, explored the diverse opportunities available to psychology graduates and demonstrated how a foundation in psychological science can lead to wide-ranging contributions across public health, policy reform, and community wellbeing.

The conference program included a structured morning panel discussion, “Life After Honours”, designed to help students explore different career trajectories beyond traditional clinical psychology pathways. The session encouraged discussion on varied professional identities, decision-making after Honours, and the realities of clinical, academic, and research work, including honest reflections and practical advice for CMI staff with varied backgrounds, including practicing and non-practicing registered (clinical) psychologists, and PhDs in neuropsychology, psychology, mental health and interdisciplinary science.

A key feature of the day was the significant participation of Honours students. Ninety-seven students presented their research, with 53 delivering in-person blitz talks on campus and 44 presenting in an online format. These concise presentations focused on research rationale, design decisions, and emerging insights rather than final results - aligning with the conference's emphasis on early-stage inquiry and the development of a research mindset. Dedicated discussions also enabled informal dialogue and feedback between presenters and attendees. The conference concluded with a reflection session facilitated by the Associate Dean (Research) and led by student ambassadors, who summarised the recurrent and important themes emerging from each session.

The hybrid structure of the conference supported broad participation, enabling engagement from interstate and online cohorts and reinforcing CMI's commitment to accessible, inclusive research events. Across the day, strong audience interaction, questions, and discussion highlighted the value of the conference as a learning and development opportunity.

Overall, the 2025 Annual Research and Practice Conference strengthened connections between research, training, and professional practice at CMI. It provided a supportive forum for emerging researchers, showcased the breadth of work undertaken across the Institute, and reinforced CMI's role in preparing graduates for a diverse range of careers within and beyond psychology.

4.2 Public Outreach and Media Engagement

In 2025, CMI broadened its public outreach and media engagement to ensure that the knowledge generated through research reached wider audiences and informed public discourse. The Institute actively leveraged digital media, traditional press, and community outreach avenues to promote its research findings and expertise.

CMI's presence on social media grew during the year. The Institute's official accounts on LinkedIn regularly shared study updates and advertisements, announcements of new publications, and profiles of researchers, effectively increasing visibility. These posts often highlighted student and staff achievements or tied research insights to current events (for example, sharing evidence-based tips around mental health days or commenting on new psychology findings in the news; see Appendix I).

CMI researchers also took part in radio programs, podcasts, and print/online media throughout 2025, contributing expert commentary and discussing their research areas. Faculty members were interviewed on outlets such as *ABC Radio Melbourne*, *ABC Radio National*, and national podcasts, where they explained topics ranging from strategies for managing anxiety in children, to insights from recent research on cognitive bias, to discussions about hoarding disorder and treatment approaches (see Appendix I). These media appearances not only disseminated CMI's research to the public in an accessible manner but also positioned our experts as go-to voices in their respective fields. Additionally, staff and student researchers authored several articles for popular science

and professional platforms (e.g. *Psyche*, *SBS News*, *9 News*), writing about their study findings or offering evidence-based analysis of current issues.

By actively engaging with the media and public in 2025, CMI furthered its mission of translating research into practice. These efforts not only raised the Institute's profile but also fulfilled a responsibility to inform and benefit the community with our scientific insights. CMI will continue to prioritise outreach as an integral part of the research cycle, ensuring that our work resonates beyond academia and contributes to societal understanding and wellbeing.

4.3 Collaborative Research Partnerships and Honorary Appointments

Throughout 2025, CMI placed a strong emphasis on expanding and deepening its collaborative research partnerships. Recognising that complex mental health and social challenges are best addressed through collective effort, the Institute sought to build on existing alliances and forge new ones to enhance the scope and impact of its research.

CMI's partnerships with community organisations and health services grew in scale this year. Building on relationships established in previous years (such as those with Bendigo Community Health Services and the Forensic Disability Service), the Institute established several new collaborations. One such was with a leading aged care provider (*Regis Care Homes*), focusing on research into improving psychological wellbeing for older adults. These collaborations not only expanded the reach of CMI's projects but also ensured that research is co-designed with input from service providers and beneficiaries, increasing its real-world relevance.

CMI's research profile in 2025 was further strengthened by a wide range of research collaborations, honorary appointments and academic affiliations held by staff across Australian and international institutions (see Appendix E). These appointments play a central role in extending the Institute's research reach, enabling co-supervision arrangements, supporting joint publications, and facilitating access to wider research networks and methodological expertise. Staff held honorary or collaborative research positions with institutions including the *University of Melbourne*, *Monash University*, *Deakin University*, *University College London*, *University of Verona*, *University of York*, *University of Hertfordshire*, *University of London*, *University of Pittsburgh*, *Southern Cross University*, *Maltepe University*, *Khayyam University*, *Swinburne University*, *CSIRO*, and the *Australian Institute of Emotion Focused Therapy*. These collaborative links have tangible benefits: facilitating access to broader participant pools for studies, and increasing success in grant applications (several of the external grants secured in 2025 were in conjunction with partners).

CMI also became a collaborating partner with the University of Verona Department of Human Sciences, which opened opportunities for future staff and HDR student exchanges and resource sharing. Such alliances bring additional expertise, diverse perspectives, and co-funding possibilities, thereby enriching CMI's research endeavours and capacity for innovation. These links provide important avenues for research collaboration and

contribute to CMI's visibility and engagement within the broader scientific community. In total, CMI staff held more than 20 active honorary or collaborative appointments in 2025, reflecting the Institute's strong academic integration and growing interdisciplinary partnerships.

Overall, the growth in collaborative partnerships in 2025 has been a key development under the new Research Strategy's focus on interdisciplinary and cross-sector engagement. By actively nurturing these relationships, CMI ensures that its research is connected to the wider ecosystem and positioned to make a meaningful impact. Moving forward, the Institute aims to continue broadening its partnership network and exploring innovative collaborative models as part of its strategic objectives.

4.4 Supervision, Reviewing, Editorial and Service Roles

CMI staff also contributed extensively to the wider scientific community through professional service roles. Across 2025, staff contributed to the ongoing supervision of 26 PhD and DPsych students, supporting the development of the next generation of psychological and mental health researchers (see Appendix F). Many staff also served as journal editors for leading outlets in psychology, counselling, psychotherapy, and mental health research, including *Clinical Psychologist*, *Stress and Health*, *Clinical Psychology Review*, *Journal of Obsessive and Related Disorders*, *Journal of Rational Emotive & Cognitive Behavioral Therapy*, and *Diabetes Therapy* (see Appendix G). Staff also peer reviewed for a wide variety of journals, including *Cognition and Emotion*, *Australian Psychologist*, *Journal of Experimental Psychology: General*, and *Scientific Reports*, to name just a few (see Appendix G). Several staff were also recognised for their expertise by serving on research and advisory committees for major organisations, such as *Diabetes Australia*, *Latrobe Community Health Centre*, the *International Institute for Emotion Focused Therapy*, the *European Society for Cognitive and Affective Neuroscience*, and the *Australian Indigenous Psychology Education Project Resources Working Group*.

Several staff also acted as reviewers or panel members for external grant schemes, including the *UK Research and Innovation Medical Research Council* and *International Society of Behavioral Medicine*, contributing expert assessment to international funding proposals. Staff were also participated in various committees, research advisory groups and research councils within their disciplines (see Appendix H), further reinforcing CMI's visibility and standing within the scholarly community.

These professional service roles demonstrated CMI's commitment to disciplinary stewardship. Together, these activities ensured that CMI remained connected to developments across psychological and mental health research and contributed meaningfully to national and international scientific communities.

5. Recognitions, Awards and Achievements

In 2025, CMI staff received notable forms of professional recognition that reflect their growing influence within the psychological and behavioural sciences. *Professor Richard*

Moulding was acknowledged for authoring one of the Top 10 most cited papers published in the *British Journal of Clinical Psychology*, highlighting the continued impact of his research. *Dr Chris Kilby* was invited to serve as a mentor at the Mentoring for Early Career Researchers Breakfast at the *18th International Congress of Behavioral Medicine* in Vienna, Austria, recognising his contributions to supporting emerging scholars in the field. Finally, *Associate Professor Steven Trawley* received the *Best Paper Award 2025* from Monash University Accident Research Unit.

6. The Future of Research at CMI

CMI's research direction over the next five years is shaped by the 2025–2030 Research Strategy and the establishment of two research centres: the Centre for Mental Health Innovation and Education Research, and the Centre for Health, Wellbeing and Inclusion Research. The immediate focus is on consolidating these centres as the primary structure for coordinating research activity, strengthening collaboration, and giving CMI a clearer external research identity.

Implementation will be supported by the new CMI definition of *research active* and the *Research Allocation and Expectations Framework*, which provide transparent expectations for staff engagement and a consistent basis for workload allocation. These mechanisms ensure that research contributions are recognised, feasible, and aligned with Centre priorities and institutional goals.

The continued rollout of the *Research Centre Functional Charter* will also play a critical role. The Charter positions centres as operational hubs that support researcher development, internal communication, grant preparation, collaboration, and responsible research practice - not symbolic entities but practical enablers of research activity. Through mentoring, skills development, peer review, internal funding coordination, cross-disciplinary connection, and the embedding of responsible research assessment and open science principles, the Centres will drive capability and culture across the Institute.

Over the coming years, CMI will continue to strengthen partnerships, support emerging researchers, and refine internal processes to ensure an inclusive, agile, and sustainable research environment. With these structures now in place, the Institute is well positioned to grow its research capacity and increase its contribution to psychological science, mental health, and community wellbeing.

7. Acknowledgements

Report prepared January 2026 by: Prof. Paul Jenkinson (Associate Dean, Research) and Prof. Linda Byrne (Dean, Faculty of Psychology, Counselling and Psychotherapy) with the generous assistance of Claudia Rachele (Project Officer).

8. Appendices

Appendix A

Peer Reviewed Journal Articles

Allen, A., Heck, M., Doig, C., Cudmore, T., Lawrence, K., & **Mason, J.** (2025). Sexual rehabilitation support experiences of Australian adults living with a spinal cord injury. *The Journal of Spinal Cord Medicine*, 1–10. <https://doi.org/10.1080/10790268.2025.2496567>

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Besley, B., **Davies, S. J.**, & **Donnelly, J.** (2025). Effects of hospital treatment for congenital heart defects on mother–infant bonding, maternal stress, and parenting. *Journal of Pediatric Nursing*, 80, 83–90. <https://doi.org/10.1016/j.pedn.2024.11.012>

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specific coping responses matter? *Cognitive Therapy and Research*.
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Appendix B

Conference Presentations

Bartholomew, T., Riordan, G., & White, D. (2025, May). Australian psychologists' responses to a young client who presents with gender-related concerns [Oral presentation]. *Australian Psychological Society Annual National Conference*, Gold Coast, QLD, Australia.

Brooker, J., Abeyasinghe, N., & Misajon, R. (2025, June–July). Racial microaggressions at work: A qualitative exploration of the experiences of South Asian people [Oral presentation]. *International Academy of Intercultural Research Biennial Conference & International Association for Cross-Cultural Psychology Regional Congress*, Brisbane, Australia.

Eyrenci, A., Kaytaz Yılmaz, B. N., & **Kilby, C. J.** (2025, August). Validation and reliability of the Turkish version of the Subjective Thoughts Regarding Stress Scale [Poster presentation]. *International Congress of Behavioral Medicine*, Vienna, Austria.

Firriolo, A., Brooker, J., Fitt, S., & Kilby, C. J. (2025, February). Biopsychosocial predictors of depressive symptoms among adults residing in Australia with polycystic ovarian syndrome [Oral presentation]. *Australasian Society of Behavioural Health and Medicine Conference*, Gold Coast, Australia.

Firriolo, A., Brooker, J., Fitt, S., & Kilby, C. J. (2025, August). Biopsychosocial predictors of depressive symptoms among adults residing in Australia with polycystic ovarian syndrome [Oral presentation]. *International Congress of Behavioral Medicine*, Vienna, Austria.

Freebody, S., Brown, S., Ireland, R., Beccaria, G., & **Mason, J.** (2025, September). Compassion in clinical supervision: What is it, and does it help early career psychologists? [Oral presentation]. *Australian Psychology Learning and Teaching Conference (AusPLAT)*, Fremantle, WA, Australia.

Jenkinson, P. M., Koukoutsakis, A., Panagiotopoulou, E., Vagnoni, E., Demartini, B., Nistico, V., Gambini, O., Christakou, A., & Fotopoulou, A. (2025, July 7). Risk, reward, and body representation: A computational perspective on decision-making in body-related behaviours [Poster presentation]. *Body Representation Network (BRNet) Annual Conference*, Utrecht, Netherlands.

Kameoka, T., Brooker, J., Eid, J., & Misajon, R. (2025, June–July). Beliefs, conceptualisations and attitudes about mental health and service use among Karen individuals from a refugee background resettled in regional Australia [Oral presentation]. *International Academy of Intercultural Research Biennial Conference & International Association for Cross-Cultural Psychology Regional Congress*, Brisbane, Australia.

Kilby, C. J., Harrison, L., Pitts, T., Rolleston, B., Wurth, C., & McMahon, K. (2025, August). Exploring the stress response in youth residential workers: Implications for mental health and behavioral interventions [Poster presentation]. *International Congress of Behavioral Medicine*, Vienna, Austria.

Kilby, C. J., Reddy, L., Wurth, C., & Watt-McMahon, K. (2025, February). Can workplace supervision minimise the effect of employee stress? A pre-registered systematic review [Oral presentation]. *Australasian Society of Behavioural Health and Medicine Conference*, Gold Coast, Australia.

Kilby, C. J., Reddy, L., Wurth, C., & Watt-McMahon, K. (2025, August). Can workplace supervision minimise the effect of employee stress? A pre-registered systematic review [Poster presentation]. *International Congress of Behavioral Medicine*, Vienna, Austria.

Matotek, A., Misajon, R., & Brooker, J. (2025, June–July). Interpersonal racial and ethnocultural safety: Experiences of microaggressions in the romantic context [Oral presentation]. *International Academy of Intercultural Research Biennial Conference & International Association for Cross-Cultural Psychology Regional Congress*, Brisbane, Australia.

Misajon, R., Randall, A., Wilson, C., & Brooker, J. (2025, June–July). A qualitative exploration of the wellbeing and mental health of Karen with refugee backgrounds [Oral presentation]. *International Academy of Intercultural Research Biennial Conference & International Association for Cross-Cultural Psychology Regional Congress*, Brisbane, Australia.

Misajon, R., Weerakoon, N., Matotek, A., & Brooker, J. (2025, June–July). Exoticisation and fetishisation in dating: Intersectional experiences of Australian women of colour [Oral presentation]. *International Academy of Intercultural Research Biennial Conference & International Association for Cross-Cultural Psychology Regional Congress*, Brisbane, Australia.

Mitchelson, M., & **Spicer, L.** (2025, May). Unpacking and addressing internalised ableism towards autistic individuals [Oral presentation]. *Australian Psychological Society Annual National Conference*, Gold Coast, QLD, Australia.

Portingale, J., Krug, I., & **Butler, D.** (2025, March 27–28). Poorer self-face recognition accuracy and evaluations in women at risk for an eating disorder [Oral presentation]. *London Eating Disorders Conference*, London, United Kingdom.

Portingale, J., Krug, I., & **Butler, D.** (2025, March 27–28). Face value: Unexpected changes in face and body image disturbance evoked by the enfacement illusion in women with varying eating disorder risk [Poster presentation]. *London Eating Disorders Conference*, London, United Kingdom.

Portingale, J., Krug, I., & **Butler, D.** (2025, August 29). Body dysmorphic and muscle dysmorphia symptoms are linked to self-face recognition difficulty and negative self-face evaluations in males [Poster presentation]. *Australia and New Zealand Academy for Eating Disorders Conference (ANZAED)*, Melbourne, Australia.

Portingale, J., Krug, I., & **Butler, D.** (2025, September 17). Seeing the self through another's face? Enfacement illusion responses in women with and without eating disorders [Oral presentation]. *Perspectives in Body Image International Online Conference*.

Saeedian, Y., Jansons, P., Fuller-Tyszkiewicz, M., & Maddison, R. (2025, November). Daily motivation and exercise in heart failure: An ecological momentary assessment approach [Poster presentation]. *Asia-Pacific Society for Physical Activity Conference*, Newcastle, Australia.

Smith, I., Freebody, S., & Yildiz, E. (2025, September). "Am I good enough?": The role of self-compassion in supporting registered psychologists returning to study for clinical endorsement [Oral presentation]. *Australian Psychology Learning and Teaching Conference (AusPLAT)*, Fremantle, WA, Australia.

Spicer, L. (2025, May). Integrating EMDR and schema therapy: Combining the power of transdiagnostic psychotherapies [Oral presentation]. *Australian Psychological Society Annual National Conference*, Gold Coast, QLD, Australia.

Spicer, L. (2025, May). Understanding and working with trauma and grief in autistic and ADHD individuals [Oral presentation]. *Australian Psychological Society Annual National Conference*, Gold Coast, QLD, Australia.

Spicer, L. (2025, September). Integrating EMDR and schema therapy [Oral presentation]. *EMDR International Association Conference*, California, United States.

Spicer, L., Mitchelson, M., Kumar-Jonson, M., Blow, T., Abreu, D., Liu, X., Rainsford, M., & Allan, A. (2025, May). Intersectionality in EMDR: A call to action for inclusive and affirming practice [Panel discussion]. *EMDR Association of Australia Conference*, Adelaide, Australia.

Wilson, C., Misajon, R., & Brooker, J. (2025, June–July). Understandings and applications of self-compassion and self-coldness among Hazaras in Australia [Oral presentation]. *International Academy of Intercultural Research Biennial Conference & International Association for Cross-Cultural Psychology Regional Congress*, Brisbane, Australia.

Appendix C

Open Science Pre-Registrations

Clarke, J., Mace, C., Butler, D., Jenkinson, P. M., & Krug, I. (2025). Self-face perception in people at risk of body dysmorphia: A systematic review. *PROSPERO*. Retrieved January 27, 2026, from https://www.crd.york.ac.uk/prospero/display_record.php?ID=CRD42025600811

Cooper, C., Byrne, L., Pennay, S., Sheik, F., Tsui, M., & Jenkinson, P. M. (2025). *Essential insights in essential tremor: A scoping review*. *Open Science Framework*. Retrieved January 27, 2026, from <https://osf.io/u9d7t>

Jenkinson, P. M. (2025). *Examining the invisible face: Individual differences in susceptibility and effects of the invisible face illusion on appearance concerns and social anxiety*. *Open Science Framework*. Retrieved January 27, 2026, from <https://osf.io/vjadt>

Petersen, M., & **Mason, J.** (2025). *Cognitive impairment and fire setting: A scoping review*. *Open Science Framework*. Retrieved January 27, 2026, from <https://osf.io/>

Saji, A., Smith, I., Ward, T., & Dunkerly-Smith, A. (2025). *Parental self-compassion: A qualitative scoping review*. *Open Science Framework*. Retrieved January 27, 2026, from <https://doi.org/10.17605/OSF.IO/ZN78G>

Ward, T., Smith, I., Saji, A., & Dunkerly-Smith, A. (2025). A scoping review of parental burnout in qualitative studies. *Open Science Framework*. Retrieved January 27, 2026, from <https://doi.org/10.17605/OSF.IO/DM4XU>

Yong, A. S. J., Brennan, S. E., Bratuskins, S., Freeburn, A., Bedi, G., Burke, R., **Spicer, L.**, & Bell, J. S. (2025). Development of an Australian clinical practice guideline on methylenedioxymethamphetamine (MDMA)-assisted psychotherapy for post-traumatic stress disorder. *medRxiv*. Retrieved January 27, 2026, from <https://www.medrxiv.org/>

Appendix D

Open Science Pre-Prints

Jenkinson, P. M., Leuzzi, R., Dean, C. E., Clarke, A. T., Mash, J., & Laws, K. R. (2025, June 23). *The relationship between self-reported interoception and depression: A systematic review and multilevel meta-analysis* (Preprint). Open Science Framework.

https://osf.io/preprints/osf/abep4_v1

Jenkinson, P. M., Salvato, G., Bassolino, M., Beccherle, M., Vianello, G., Fotopoulou, A., & Moro, V. (2025, July 25). *Interoception and allostatic load after stroke: A scoping review* (Preprint). Open Science Framework (PsyArXiv). https://osf.io/preprints/psyarxiv/fevq5_v1

Saramandi, A., Simpson, S., Taylor, R., Mawdsley, E., Elliott, H., **Jenkinson, P. M.**, & Fotopoulou, A. (2025, March 3). *The use of heart rate biofeedback treatment to assist the regulation of embodied feelings: A clinical audit on the process and effects of biofeedback in clinical practice* (Preprint). Open Science Framework.

https://doi.org/10.31219/osf.io/xdbaq_v1

Yong, A. S. J., Brennan, S. E., Bratuskins, S., Freeburn, A., Bedi, G., Burke, R., **Spicer, L.**, & Bell, J. S. (2025). *Australian clinical practice guideline on methylenedioxymethamphetamine (MDMA)-assisted psychotherapy for post-traumatic stress disorder* (Preprint). MAGICapp. <https://app.magicapp.org/#/guideline/Ee438n>

Appendix E

Partnerships, Collaborations, and Honorary Appointments

Institution	Type of Appointment/Collaboration	Staff Member
CSIRO	Research Collaboration	Chris Kilby
Curtin University	Research Collaboration / Adjunct Professor	Catriona Davis-McCabe
Deakin University	Honorary Professor	Linda Byrne
Department of Psychosocial Cancer Care, St Vincent's Hospital Melbourne	Research Collaboration	Jo Brooker
Khayyam University	Research collaboration	James Collard
Maltepe University	Research Collaboration	Chris Kilby
Monash University	Honorary Senior Research Fellow	Steve Trawley
Monash University	Research collaboration	James Collard
Monash University	Research Collaboration	Liam Spicer
Regis Care Homes	Research collaboration – investigator initiated study	Steve Trawley
Southern Cross University	Research Collaboration	Zoë Krupka
Swinburne University	Research Collaboration	Bronte McLeod
The Australian Institute of Emotion Focused Therapy	Research Lead	Bronte McLeod
University College London	Honorary Associate Professor	Paul Jenkinson
University of Hertfordshire	Research Collaboration	Paul Jenkinson
University of London	Research collaboration	James Collard
University of Melbourne	Research Collaboration/Honorary Lecturer	Vivienne Colegrove
University of Melbourne	Research Collaboration	Paul Jenkinson
University of Melbourne	Honorary Senior Research Fellow	Steve Trawley
University of Melbourne	Research collaboration (PhD supervision)	David Butler
University of Pittsburgh	Research Collaboration	Bronte McLeod
University of Verona	Research Collaboration	Paul Jenkinson
University of York	Research Collaboration	Paul Jenkinson

Appendix F

Doctoral Supervision

Institution	Role	Status	Staff Member
Curtin University	Secondary Supervisor 2x PhD	Ongoing 2025	Catriona Davis-McCabe
Deakin University	Secondary Supervisor 1 x PhD; 2 x DPsych	Ongoing 2025	Linda Byrne
Leibniz University	Secondary Supervisor 1 x PhD	Ongoing 2025	James Collard
The Cairnmillar Institute	Secondary Supervisor x 2	Ongoing 2025 (both)	Chris Kilby
The Cairnmillar Institute	Second Supervisor 2 x DPsych	Ongoing 2025 (both)	Paul Jenkinson
The Cairnmillar Institute	Primary Supervisor x 3 DPsych	Ongoing 2025	Richard Moulding
The Cairnmillar Institute	Primary Supervisor 1 x DPsych	Ongoing 2025	Jo Brooker
The Cairnmillar Institute	Secondary Supervisor x 1 DPsych	Ongoing 2025	Jo Brooker
The Cairnmillar Institute	Secondary Supervisor x 1 PhD	Ongoing 2025	Jo Brooker
The Cairnmillar Institute	Secondary Supervisor 1 x PhD	Ongoing 2025	Catriona Davis-McCabe
The Cairnmillar Institute	Primary Supervisor 1 x DPsych	Ongoing 2025	David Butler
The Cairnmillar Institute	Secondary Supervisor x 1 DPsych	Ongoing 2025	Clare Wilson
The University of Melbourne	Second Supervisor 1 x PhD	Ongoing 2025	Steve Trawley
The University of Melbourne	Secondary Supervisor 1 x PhD	Ongoing 2025	Linda Byrne
The University of Melbourne	Associate Supervisor 1 x PhD	Ongoing 2025	Paul Jenkinson
The University of Melbourne	Secondary Supervisor 1 x PhD	Completed 2025	David Butler
The University of Melbourne	Secondary Supervisor 2 x PhD	Starting 2025	David Butler

University of Hertfordshire	Primary Supervisor x 1	Completed Feb 2025	Paul Jenkinson
University of Hertfordshire	Second Supervisor 2 x PhD	Ongoing 2025 (both)	Paul Jenkinson

Appendix G

Editorial and Reviewer Activities

Editorial Positions

Journal/Organisation	Role	Staff Member
Clinical Psychologist	Editorial Board Member (new)	Richard Moulding
Clinical Psychology Review	Editorial Board Member (ongoing)	Richard Moulding
Diabetes Therapy	Editorial Board Member (new)	Steven Trawley
Journal of Obsessive Compulsive and Related Disorders	Editorial Board Member (ongoing)	Richard Moulding
Journal of Rational Emotive & Cognitive Behavioural Therapy	Editorial Board Member (new)	James Collard
Stress and Health	Editorial Board Member	Chris Kilby

Reviewer Roles

Journal/Organisation	Role	Staff Member
Asia Pacific Journal of Counselling and Psychotherapy	Peer Reviewer	Michael Di Mattia
Australian Psychologist	Peer Reviewer	Michael Di Mattia
Child Abuse and Neglect	Peer Reviewer	Vivienne Colegrove
Clinical Psychologist	Peer Reviewer	Richard Moulding
Cognition and Emotion	Peer Reviewer	Chris Kilby
Death Studies	Peer Reviewer	Liam Spicer
EMDR Journal of Research and Practice	Peer Reviewer	Liam Spicer
Frontiers in Psychiatry	Peer Reviewer	Liam Spicer
International Journal of Stress Management	Peer Reviewer	Chris Kilby
International Society of Behavioral Medicine	ECR Award Lead/Reviewer	Chris Kilby
Journal of Experimental Psychology: General	Peer Reviewer	Paul Jenkinson
Legal and Criminological Psychology	Peer Reviewer	Terry Bartholomew
Person-Centered and Experiential Psychotherapies	Peer Reviewer	Zoe Krupka
Person-Centered and Experiential Psychotherapies	Peer Reviewer	Bronte McLeod
Psychiatry, Psychology and Law	Peer Reviewer	Terry Bartholomew

Psychotherapy and Counselling Journal of Australia (PACJA)	Peer Reviewer	Jennifer Coburn
Scientific Reports	Peer Reviewer	Richard Moulding
The Cognitive Behaviour Therapist	Peer Reviewer	James Collard
The Journal of Psychology: Interdisciplinary and Applied.	Peer Reviewer	Richard Moulding
UK Research & Innovation – Medical Research Council (Funding Agency)	Grant Reviewer	Paul Jenkinson

Appendix H

Other External Research Activities

Organisation	Role	Staff Member
AIPEP Resources Working Group	Member of working group	David Butler
Diabetes Australia	Research Committee Member	Steve Trawley
European Society for Cognitive and Affective Neuroscience	Special Interest Research group on Embodied Neuroscience (SIREN) Chair	Paul Jenkinson
International Institute for Emotion Focused Therapy	Research and Education Subcommittee Member	Bronte McLeod
LCHS	Research Council Member	Linda Byrne
Monash University	Healthy Brain Hub Advisory Group	Linda Byrne

Appendix I

Media Engagement, Press Releases, and Articles

Type	Title/Topic	Platform	Date	Staff Member	Link
Podcast	Grieving your best friend	ABC Radio National Life Matters	07/07/25	Zoë Krupka	https://www.abc.net.au/listen/programs/lifematters/fixing-a-broken-childcare-system-and-grieving-your-best-friend/105447622
Radio	Celebrating the childfree choice	ABC Radio National Life Matters	21/11/25	Imogene Smith	https://www.abc.net.au/listen/programs/lifematters/lifematters/105871516
Podcast	Having 'Big' conversations with friends	ABC Radio National Life Matters	21/03/25	Zoë Krupka	https://www.abc.net.au/listen/programs/lifematters/big-conversations-with-friends-and-dealing-with-teenage-romance/104999638
Radio	How online trends are re-shaping family estrangement	ABC Radio National	03/09/25	Catriona Davis-McCabe	https://www.abc.net.au/listen/programs/lifematters/estrangement-online-trends-therapy/105031430
Article	How trying to escape a 'feared self'	Psyche	24/06/25	Richard Moulding	https://psyche.co/ (link forthcoming)

	traps people with OCD				
Podcast	If Madonna can reconcile with her estranged family can I?	ABC Radio National Life Matters	10/10/25	Zoë Krupka	https://www.abc.net.au/listen/programs/lifematters/madonna-jay-shetty-estrangement-reconciliation/105875486
Article	Late diagnosis ADHD	SBS News	16/12/24	Catriona Davis-McCabe	https://www.sbs.com.au/news/insight/article/laverne-was-diagnosed-with-adhd-in-her-60s-shes-sad-for-the-life-she-could-have-had/67x50nl65
Radio	Making marriage work the second time around	ABC Radio National Life Matters	28/11/25	Zoë Krupka	https://www.abc.net.au/listen/programs/lifematters/second-marriage-divorce-relationships/106076296
Radio	Narcissism vs narcissistic traits	ABC Radio Sydney	07/01/25	Catriona Davis-McCabe	https://www.abc.net.au/listen/programs/sydney-afternoons/afternoons/105468258
Radio	People choosing to be childfree	ABC NSW Drive Time	01/12/25	Imogene Smith	https://www.abc.net.au/listen/programs/nsw-drive/drive/106075802

Podcast	The changes parenting brings to your life	ABC Radio National Life Matters	06/06/25	Zoë Krupka	https://www.abc.net.au/listen/programs/lifematters/the-changes-that-parenting-brings-to-your-life-and-/105333418
Podcast	Why your friendships may be in trouble	ABC Radio Melbourne The Conversation Hour	02/10/25	Zoë Krupka	https://www.abc.net.au/listen/programs/theconversationhour/the-conversation-hour/105828556
Article	Young People and AI risks	9 News	29/10/25	Catriona Davis-McCabe	https://amp-9news-com-au.cdn.ampproject.org/c/s/amp.9news.com.au/article/d0e55ce2-991f-4d70-86ed-3122c007b1ae

Appendix J

Grants / Funding Applications and Outcomes (including both successful and unsuccessful)

Organisation/Funding Body	CMI Staff Role	Type/Stage	Amount	Outcome	Staff Member
ACT Road Safety Grant Program	Co-Investigator	EOI	\$38,000	Submitted (decision pending)	Steven Trawley
Collier Foundation	Principal Investigator	Full Application	\$15,000	Successful	Linda Byrne
CSIRO	Principal Investigator	Non-competitive	\$9,000	Successful	Chris Kilby
Department of Health	Principal Investigator	Full application	\$150,000	Unsuccessful	Chris Kilby
Department of Infrastructure, Transport, Regional Development, Communications and the Arts	Principal Investigator	Full application	\$106,000	Successful	Steven Trawley
East Melbourne PHN	Lead Applicants	Full application	\$223,420	Successful	Kathryn von Treuer, Linda Byrne, Richard Moulding, Joanne Brooker, and Alex Paton,

Medical Research Future Fund (MRFF)	Co-Applicant	Full Application	\$7,000,000	Submitted (decision pending)	Bronte McLeod
Psychotherapy and Counselling Journal of Australia (PACJA)	Applicant	Full Application	\$5000	Successful	Candice Mace; Russell Deighton
Ramsay Health Care	Co-Applicant	Full Application	\$400,000	Submitted (decision pending)	Liam Spicer
Tiny Blue Dot	Paul Jenkinson (PI) David Butler (CI)	Full application	\$1,367,431 (AUD)	Successful	Paul Jenkinson; David Butler
Tiny Blue Dot	Co-Applicant	Expression of Interest	US\$900,000 (~AU\$1,300,000)	Submitted (decision pending)	Paul Jenkinson
Wellcome Trust	Co-Applicant	Full Application	\$783,935.00	Submitted (decision pending)	Richard Moulding

Appendix K

Awards, Prizes, and Achievements

Staff Member	Award/Prize/Achievement Details
Richard Moulding	Top 10 most cited papers published by British journal of Clinical Psychology.
Chris Kilby	Kilby, C. (2025, August 6–9). <i>Mentor at the ICBM 2025 Mentoring for ECRs Breakfast</i> . 18th International Congress of Behavioral Medicine, Vienna, Austria. https://icbm2025.com/
Steven Trawley	Best Paper Award 2025 from Monash University Accident Research Unit. The award details are available here: https://research.monash.edu/en/prizes/best-paper-award-researcher-2025/