



THE  
**Cairnmillar**  
INSTITUTE

## Capital Campaign





The Cairnmillar Institute stands ready to expand its reputation as a centre of excellence for treatment, education, and research. Reinvigorated by new leadership, expanded services, and increased facilities, we are poised for a new era of success made possible through the generosity of benefactors, supporters, friends, and alumni.

Our new headquarters: 391-393 Tooronga Road, Hawthorn East 3123

## Make Cairnmillar an even greater organisation...

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The Cairnmillar Institute is ready to enter a new era. Our future is full of endless possibilities and huge challenges. To tackle the plethora of mental health issues facing our society, such as depression, addiction, and family violence, in our urban and rural communities, we need highly trained practitioners in the health sciences.

Those practitioners are receiving their specialist training here. Across our clinics, in our community partnerships, our diverse schools programs and community involvement, the momentum is palpable. The graduates of our psychology, counselling, and psychotherapy programs, are making a difference locally and globally.

Over the past few years, we have been continuing to build on our tradition of excellence. We are poised to take the next step toward building an organisation that will have an even greater impact. Reinvigorated by new leadership, expanded services and increased facilities, we are poised for a new era of success made possible through the generosity of benefactors, supporters, friends, and our alumni. Cairnmillar stands ready to expand its reputation as a centre of excellence for treatment, education, and research.

The time for our organisation to offer innovative treatment and assessment, even more effective education programs, and clinical research that informs our community and our nation is now. Thanks to the generosity of many Cairnmillar is in a position to seize the opportunities before us. With our talented clinical staff, academic faculty members, and a diverse student body, everything is in place for us to succeed.

Join us in our campaign to make The Cairnmillar Institute an even greater organisation.

A handwritten signature in black ink, appearing to read 'Kathryn von Treuer', written in a cursive style.

**Professor Kathryn von Treuer**  
**Executive Director**





“Dr Glory Joy Gatwiri receives her PhD thanks to the generosity of Mrs Gwen Waters.”

## The Capital Campaign

Our aim is to provide world class health care delivery and education, encourage scholarship, promote entrepreneurship, nurture innovation, and foster professional relationships that last a life time. The Cairnmillar Institute has charted new territory for more than 56 years, developed innovative programs that were ahead of their time, and attracted attention from around the world. We strive for greater national and international recognition for excellence in health care delivery, and expanded opportunities for clinical practitioner training and education.

The capital campaign will help us expand the clinical services we offer the community, to introduce assessment centres, and to develop highly successful prevention programs that can be replicated in other urban and rural areas. Our goal is to deliver learning of the highest calibre, provide the best possible environment and facilities for our students, outstanding academic programs, supervised work place experiences, job opportunities, and a supportive and vibrant campus community.

## Contributing to Our Vision

Thanks to the generous support, hard work and dedication of many, the Institute has changed the lives of children, individuals, families, and their communities. It has been an extraordinary effort and it continues to change the lives of future generations and help advance our society. The impact of our first philanthropic gift and those that have followed continues to this day. These gifts have allowed us to evolve into the highly respected organisation we are today. While we have made great progress, there is still much more to be achieved. There are many stresses, issues, and challenges facing the individual and the society. We aim to be at the forefront of providing answers to the meaning of life questions, contributing to the debate, and educating much needed health practitioners. We need your continued support in helping us raise the necessary funds to achieve the next stage of our vision.

## Naming Scholarships Makes a Difference

Education is a gift that lasts a lifetime. You can create a named scholarship honouring someone special, pay tribute to the memory of a family member, or acknowledge someone you hold in high regard. Some donors direct scholarships to students they wish to support, or name a scholarship in an area of research that has particular meaning for them. Others wish to give back to the Institute in a practical and hands on way. Thanks to the generosity of The John Waters Memorial Scholarship, students continue to make a difference, long after they have left the Institute. Communities from around the world have benefitted from the generosity of people behind the scholarships. Lives have been changed, counselling centres established, societal problems addressed, and innovative research undertaken. Our goal is to expand our scholarship program and assist our students in this way.



“Join the campaign to continue our tradition of excellence.”

Emeritus Professor Francis Macnab AM  
Founder of The Cairnmillar Institute

## The Research Centre

The creation of a Research Centre will enable the Institute to provide a forum in which to generate ideas, undertake scientific inquiry, host events, and invite leading national and international figures to present at conferences. It aims to deepen psychoanalytic, psychological, spiritual, and existential knowledge and thought, to bring about transformational change.

The research centre will benefit the community, the staff, alumni and students by providing innovative thinking, and differing perspectives that deepen and shape the lives of individuals and the communities in which they live. It will focus on translating research into practice, introducing promising new discoveries, creating prevention strategies and alternative treatment options.

## Changing Little Kids Lives The Big Tent Project

You can play an import role in the lives of young children under six by donating to our Big Tent Project. We have made exceptional progress in understanding how to better assist vulnerable and traumatised children and what matters to the professionals who care for them. Thanks to the generosity of a number of benefactors, it has succeeded in providing thousands of children with an alternative and brighter future. We have run the program in Mildura, Robinvale, Warrigal, Ballarat and suburbs across the State, undertaken some ground breaking research, and advanced our knowledge. The impact has been great, but there is so much more we could do. Our vision is to take the project to remote communities across Australia where kids are even more emotionally vulnerable, and their parents and carers are often at a loss about what to do. Your support is vital to the continuation of the program. It will ensure that the Big Tent Project remains a valuable resource for little kids and their families.

## Creating a Chair or Professorship

One of the most significant contributions you can make to the Institute is creating a chair or professorship. These positions provide the resources needed to undertake outstanding research in areas such as childhood trauma, ageing, depression, and specialisations such as women with breast cancer, drug induced psychoses, and other mental health issues. They confer prestige to the holder and the institution. They also reward the highest levels of academic and research accomplishments, with the assurance of ongoing financial support for continued academic leadership and performance. A named chair or professorship ensures a donor's name is associated in perpetuity with a faculty position that signifies excellence. You can also support exceptional achievement by naming a fellowship for professional development, collaborative research, or to undertake international study.



We are committed to creating a professional and academic community where staff and students thrive.

### Supporting our Psychology Training Clinic

You can promote effective psychological assistance by supporting our Psychology Training and Assessment Clinic. We have a multitude of diagnostic tests and procedures that ensure tailored, evidenced-based treatment is delivered. The range of psychological services offered in the training clinic includes all age groups from children to adults, couples, and family counselling. Additionally, organisational consultancy including prevention, education, and support in the workplace is available. The training clinic will allow students to build their clinical and practical skills in a setting that provides them with the competencies, and experience they need to be successful professionals.

### Naming our Library

You can support the vision of the organisation, by naming our Library. Honouring someone special in this way will last a lifetime. The library is central to the research, teaching, learning, and success of the organisation. It is a hub of activity and a meeting place. It houses a highly specialist collection of resources relating to psychoanalysis, mental health, and the social sciences. It includes specialist data bases and a psychological test library that enables students develop their practice and therapeutic skills. The library requires new resources, texts, and database access for students, faculty members, and alumni. Supporting the library will assist the ever increasing demand for specialist resources and support.

### Sponsoring our Computer Laboratory

By sponsoring our computer facilities, you will have an immediate impact on our students as they begin their studies and careers. Your sponsorship will result in upgraded facilities, as well as new electronic resources, data bases, and search engines. An expanded information technology laboratory will ensure students are fully equipped to administer diagnostic and psychological assessment, undertake high quality research, and meet the challenges of providing new approaches such as electronic therapy and other innovations in service delivery. By transforming the existing space into technologically advanced labs, you will help us continue our contribution to the prevention, diagnosis, and treatment of mental health issues and problems.



## “Excelling in Psychological Health Care Delivery and Education.”



In recent years, The Cairnmillar Institute has made significant progress in fulfilling its vision. As chairman, I am proud to be a part of the essential next step in its progression as an organisation –

The key components to success are all in place. I am proud of our many achievements and the objectives we have set to ensure the Institute continues to both evolve and contribute to the community as it has in the past.

I am especially proud of the dedicated staff who are driven to accomplish such far reaching, innovative, and yet achievable strategic goals. It is indeed an honour to be part of an organisation that strives to make our community and, indeed, our nation, a better place through research, commitment and action.

A critical component in our success is the dedication of the council members, our various committees, the passion of many friends and the support and interest of our alumni. It is only with your support that the Institute makes the right moves as it continues on the path toward greatness and its tradition of excellence. It is only through your generosity that we will be able to enter this most exciting and productive era in our history. We cannot do this without you.

Thank you for joining us in this initiative.

**Mr Rowan Kennedy**  
Chairman



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